



Year 1 Autumn 1: Ourselves

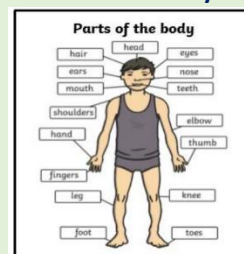
Vocabulary

Breathe	To take in air and push it out with our lungs.
Muscles	A part of the body which moves the bones and skin.
Skeleton	The bones inside the body.
Skin	The outer layer covering the body.
Growing Up	Babies grow older and grow into children. Children grow older and grow into adults.
Winter	Colder months in the year (December, January, February).
Season	Different times of the year when the weather is different. There are 4 seasons (spring, summer, autumn winter)
Weather	Sunshine, wind, rain or cloudiness in a place
Temperature	The level of hot of cold in place.
Spring	Months when leaves begin to grow on trees. It gets warmer and lighter (March, April, May).
Summer	Months when the temperature is at its hottest (June, July, August).
Autumn	Months when trees begin to lost their leaves. It gets cooler and darker (September, October, November).



Need to know knowledge:

- 1) Know the names for and to identify parts of the human body.



- 2) Know the five senses. (Sight, smell, touch, taste and hearing/sound) and the body parts body parts.

The 5 Senses	
Humans have five senses. The senses are linked to parts of the body.	
Sense	Part of the body
sight	eyes
smell	nose
touch	hands, feet, etc.
hearing	ears
taste	tongue

- 3) Know that in the UK we have 4 seasons.
- 4) Know that the seasons are called Spring, Summer, Autumn and Winter.
- 5) Know that when seasons change, so does the world around us. Plants begin to grow in Spring, it is warmer in Summer, the leaves fall off the trees in Autumn and it is cold in Winter.



Nice to know knowledge:



